

2025 Orientation Advisor Training

Pre-Health & Pre-Law Advising



UConn

OFFICE OF
PRE-PROFESSIONAL
ADVISING

What we'll cover...

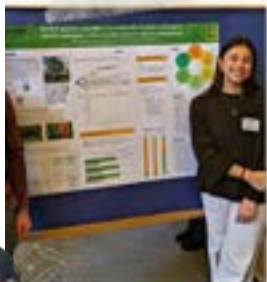
- About us
- How we connect with students
- Pre-Law things
- Pre-Health things
- By the numbers
- Takeaways



About Us



Hi Barbie!



HPPA Emily presenting at Fall Frontiers ID



Lford Campus visit



Shark in the Office!!!



HPPA Sahiti starting off the Insta Takeovers!



Grade + Ananya (SPiGMe) at Mission of Mercy!



HPPA Ty answering Qs :)



HPPA Gen & Advisor Krista :3



Advisor Ken

Office of Pre-Professional Advising

Staff



Dr. Sarah Scheidel

Director



Krista Rogers

Assistant Director



Chrissy Gray

Pre-Professional Advisor



Megan Baro

Pre-Professional Advisor



Andre Johnson

Graudate Assistant



Sue Ruggiero

Program Assistant



Dr. Keat Sanford

Part-Time Pre-Medical Advisor

And 7 Peer Advisors (5 HPPAs + 2 PLPAs)!



Enrichment Programs

Enrichment Programs Departments

- Honors Program
- Individualized and Interdisciplinary Studies Program
- Office of National Scholarships and Fellowships
- **Office of Pre-Professional Advising**
 - **Pre-Law Advising**
 - **Pre-Health Advising**
- Office of Undergraduate Research
- University Scholar Program



How students can connect with us...

Group Advising

1:1 Advising

Drop-In Advising

Workshops/Events

Alumni Engagement

Chat w/Alumni

Interview Prep Prog.

Featured Workshops

Instagram

Newsletters



Pre-Law



We empower and support students, alumni, and law school applicants **HOLISTICALLY through advising and dedicated programming**

We support ALL of our students and alumni from EVERY UConn campus, regardless of what obstacles they've experienced and have had to overcome.



2023 LAW SCHOOL FAIR



LAW SCHOOL APPLICATION CYCLE ORIENTATION

THURSDAY, APRIL 18TH • 1:00-2:00 P.M.

IF YOU PLAN TO APPLY THE UPCOMING CYCLE TO BEGIN LAW SCHOOL
IN FALL 2023, JOIN US TO HEAR AN OVERVIEW OF THE ADMISSIONS
PROCESS & ASK QUESTIONS!

THIS IS A VIRTUAL EVENT: [HTTPS://JS.UCONN.EDU/PPAWEBEX](https://js.uconn.edu/ppawebex)

EMAIL PPAWEBEX@UConn.EDU w/ ANY QUESTIONS



Academics

*There is no formal process to “declare” pre-law. Rather, connecting with our office *early* is strongly encouraged.*

- Pre-Law students can major in **whatever** they're interested in!!!
- Common majors: Political Science, History, Economics, Philosophy, Psychology, English
- They CAN have a STEM major as a pre-law student!
(ex. engineering majors can go on to be patent lawyers)



Course Requirements?

- There are no true required courses for law school



Here are what law schools typically look for...

1. Strong academics and LSAT score
2. Extracurricular involvement
3. Excellent writing and reading abilities
4. Personal growth
5. Strong recommendations from people who **actually** know them
6. Something special...what sets them apart?



Pre-Law Course *Recommendations*

✦ **Mathematics / Statistics**

MATH 1020Q: Problem Solving

MATH 1070Q: Math for Business & Economics

STAT 1000Q: Introduction to Statistics / STAT 1100Q: Elementary Concepts in Statistics

✦ **Philosophy / Sociology**

PHIL 1102: Philosophy and Logic

PHIL 221Q: Symbolic Logic

PHIL 2215: Ethics

PHIL 2217: Social and Political Philosophy

SOCI 3823: The Sociology of Law - Global and Comparative Perspectives

✦ **English (any writing courses are helpful)**

ENGL 3601: The English Language

ENGL 3633W: The Rhetoric of Political Discourse in Literature and Society

✦ **Economics**

ECON 1200, 1201 and 1202: Microeconomics & Macroeconomics

✦ **Communication**

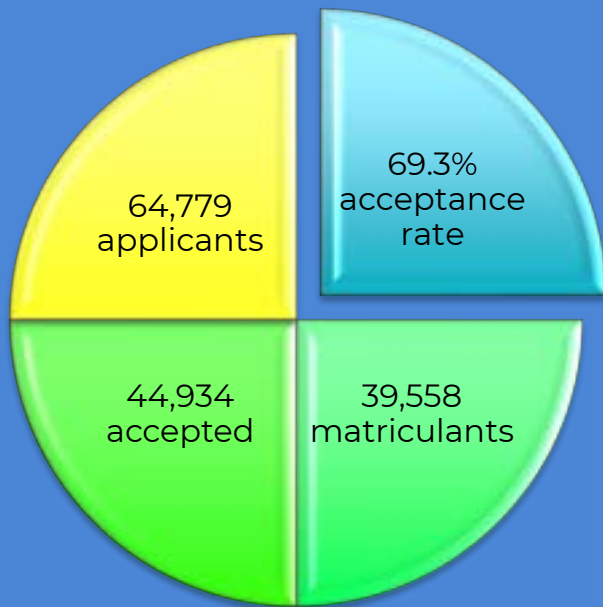
✦ COMM 1100: Public Speaking

*Any law-related courses from the History, Political Science, Sociology, Anthropology, etc.



2024 Application Cycle

National Data



For those accepted to law school...

GPA range = 3.35 – 3.87
(25th – 75th percentile)

LSAT range = 153 – 165
(25th – 75th percentile)



2024 Application Cycle

Those who applied to attend law school starting Fall 2024.

174 applied to law school for the 2024 cycle

- 135 were offered acceptance to 1+ law schools
- 115 matriculated
- The average number of law schools applied to was **7.4**

UConn applicants' acceptance rate to a law school in 2024 = **78%**

this is about 9% higher than the national acceptance rate

For those admitted to a law school:

- Average age was **25**
 - Ages ranged from 20 – 43
- Undergrad GPAs ranged from 2.0 – 4.0 with an ave. GPA of **3.49**
- LSAT scores ranged from 144 – 175 with an average of **155.4**

Pre-Health

**Our office specializes in working with pre-medical and pre-dental populations, but occasionally supports those interested in PA school, optometry, and podiatry.*



Academics & Majors

- Students can major in anything...almost (maybe only 1-2 exceptions)
 - ✚ It is important students pursue their interests!
- Breadth, depth, & rigor is important to demonstrate

Course Requirements

Biology: BIOL 1107 + 1108

Chemistry: CHEM 1124 + 1125 +1126 OR CHEM 1127 +1128

Organic Chemistry: CHEM 2443 + 2444 + 2445

Biochemistry: MCB 2000

(Depends for dental schools)

Physics: 1201 + 1202 OR 1401 + 1402 [OR 1501 + 1502]

English: One year (two semesters) of English classes

Math/Statistics: vary by school

✚ Most medical schools recommend 1-2 semesters of college-level mathematics, such as one semester of Statistics and/or one semester of Calculus

✚ Some dental schools require Statistics or Calculus; the DAT includes basic Algebra

Finding out that you don't have to be a biology major to apply to medical school:



AP Credits and How to Advise Students

- Most health professions schools will accept AP credit if it is supplemented by **upper-level coursework** in that discipline.
- Most schools require one year of collegiate-level Biology, Chemistry, Organic Chemistry, and Physics with a laboratory component
- UConn SOM **does not accept AP credit** for any prerequisite course requirements
- Early College Experience courses will count to fulfill requirements.
- **Important note about ECE:** Regardless of whether students accept the ECE grades to count for their undergraduate degree, they **WILL BE CALCULATED** in their medical or dental school applications!

There is lots of info
on our [website](#)! →

The recommendations below will satisfy most schools' requirements for pre-health study. We encourage students to contact the office if they are unsure about their credits. Please visit UConn Undergraduate Admissions' website for information about [AP Credits](#). To explore upper-division courses that might be of interest, use the [UConn Course Catalog](#).

BIOLOGY	+
CHEMISTRY	+
CALCULUS & STATISTICS	+
PHYSICS	+
ENGLISH	+

Linked below are various search tools and sources of information on pre-medical course requirements and AP credit.

2024 MSAR Course Browser Search Tool (relevant for MD programs only)	Medical School Admissions Requirements (MSAR) Tool (relevant for MD programs only)	Medical DO Course Search Tool (relevant for DO programs only)	AP Credit Policies Worksheet (relevant for MD + DO)
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AP Credits and How to Advise Students

In a nutshell...an alternative to repeating courses

AP BIOL

- Take **at least one upper-division course** in a Biology discipline (BIOL, MCB, PNB, EEB) with a laboratory component to supplement their studies.
- Some suggested courses are Cell Biology (MCB 2210 or 2215 [honors] w/the laboratory class (MCB 2225), Microbiology (MCB 2610), and/or Anatomy and Physiology (PNB 2264 + 2265 or PNB 2274 + 2775 + 2776).

AP CHEM

- “Accepting” AP credits for the general chemistry sequence means they are still required to take the Organic Chemistry sequence (CHEM 2443 + 2444 + 2445) and Biochemistry (MCB 2000 or 3010).
- We recommend taking **one additional, upper-level** Chemistry course, such as Physical Chemistry (CHEM 3563 w/ 3566 and/or 3564 + 3565W).

We don't see many students with AP credits for Physics...and since Math requirements vary...there are options.

Students need to gain clinical experience and demonstrate a commitment to service...

- Ample opportunities to get involved at UConn
 - ✓ Clinical experience (150+ hours)
 - ✓ Service (200+ hours)
 - ✓ Research/independent scholarship
- Quality > quantity



MIRACLE NETWORK DANCE MARATHON
HUSKYTHON



We empower and support our medical and dental school applicants **HOLISTICALLY** through enhanced competency-based coaching.

- We support ALL of our applicants regardless of what obstacles they've experienced and have had to overcome.
- Comprehensive applicant support process

Letter Packet Process



2025 CYCLE APPLICATION ORIENTATION

THURSDAY, JANUARY 25TH
6:00-7:30PM

S.UCONN.EDU/PREMED/

UCONN UNIVERSITY OF CONNECTICUT
PRE-MEDICAL AND PRE-DENTAL ADVISING OFFICE

The poster features a smiling husky dog in the bottom right corner and a pink heart icon in the top right corner.

NAVIGATING THE HEALTH PROFESSIONS INTERVIEW

WEDNESDAY, JULY 12TH

9:00-10:15AM
INTERVIEWING SKILLS PRESENTATION

10:30-11:45AM
MMI WORKSHOP

7:00-8:00PM
ALUMNI PANEL

S.UCONN.EDU/PREMED

UCONN UNIVERSITY OF CONNECTICUT

The poster features a husky dog with a lightbulb thought bubble in the top right corner.

By the Numbers



Growth Years

It's the norm now...

✨ **77%** of applicants in the 2023 Cycle took at least one growth year and **76%** of applicants in the 2024 cycle took at least **one growth year**, with the average number of years being slightly below two for each cycle.

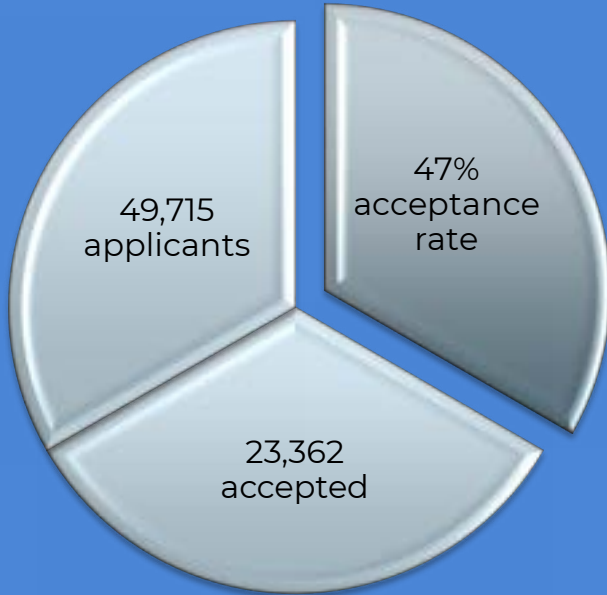
✨ **62%** of dental matriculants in the 2023 cycle and **36%** in the 2024 cycle had taken at least one growth year.

✨ According to the 2023 Matriculating Student Questionnaire, conducted by the AAMC, the percentage of medical students who have taken at least one growth year before beginning their professional education is **73.2%** (out of 14,500+ self-reporting respondents). In the 2021 and 2022 cycles, that percentage was about 69% and 71%, respectively. **This reflects the current and growing popularity of growth years, and how they set up many students and applicants for success.**

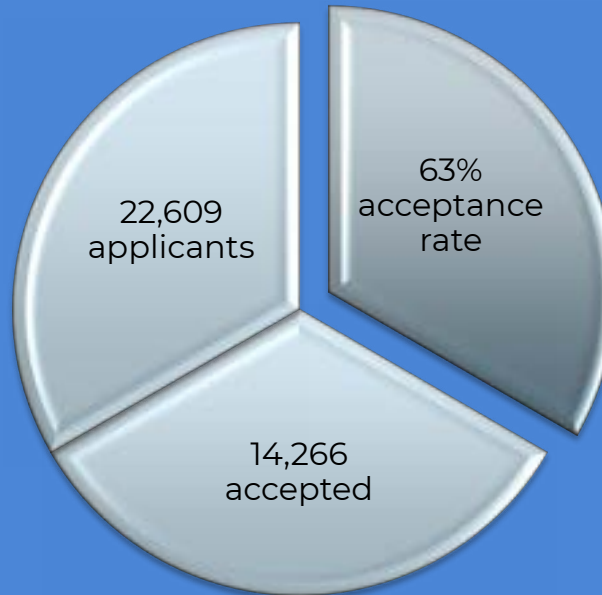
✨ Why people take growth years include working another career, gaining clinical experience, research, working to improve finances, and more.

2024 Application Cycle

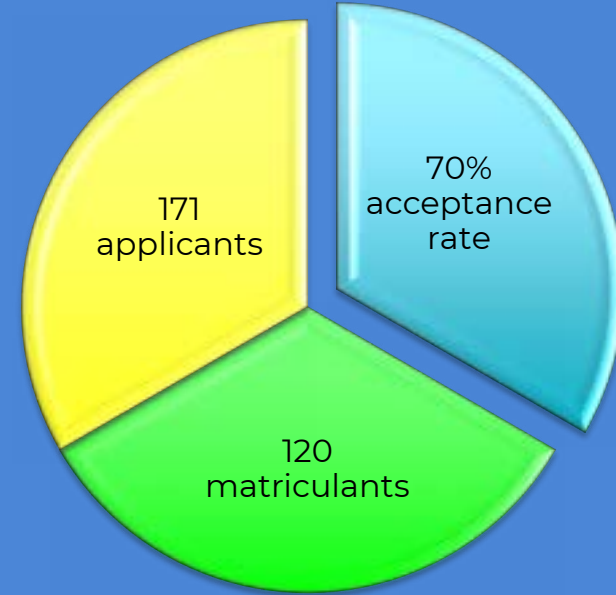
Medical School



MD Schools - Nationwide



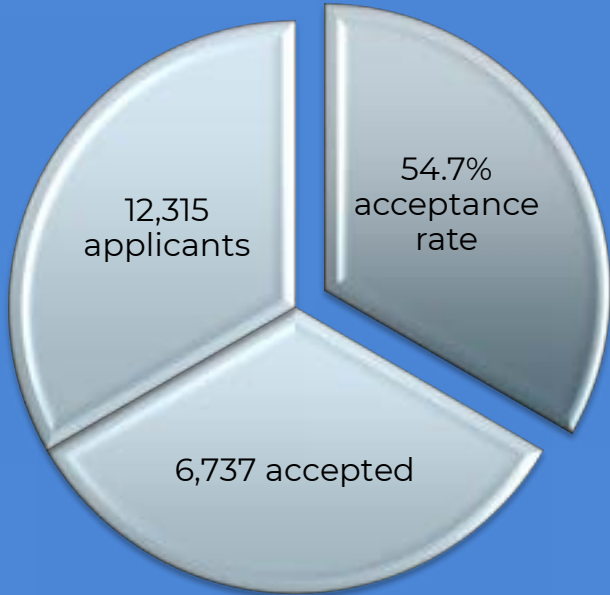
DO Schools - Nationwide



UConn Students/Alumni

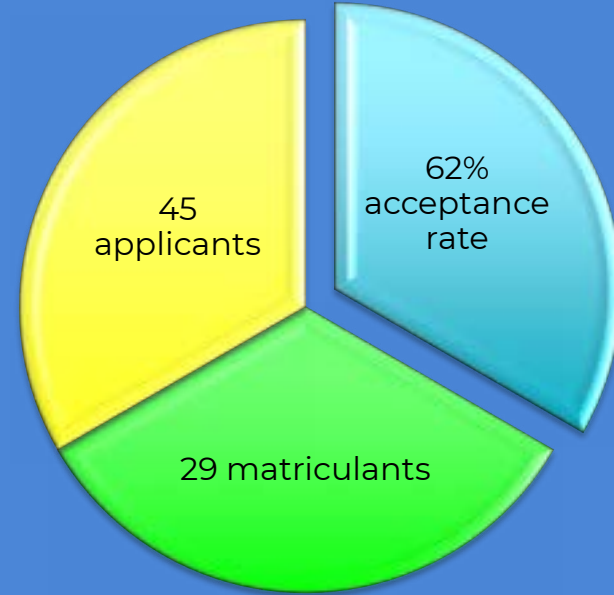
2024 Application Cycle

Dental School



For more UConn
acceptance/matriculation data:
premed.uconn.edu/data

Dental Schools - Nationwide



UConn Students/Alumni

2025 & 2026 Application Cycles

Snapshot

2025 Cycle

- For 2025 cycle, we held **303** applicant coaching sessions, we submitted letter packets for 253 unique applicants
 - This includes MD, DO, and Dental

Since the 2022 cycle, these numbers represent significant growth:

- 10.4% increase in HPAPs received
- 19.3% growth in coaching sessions held
- 8.3% rise in Health Professions Letter Packets (HPLPs) submitted
- 11% increase in the number of unique applicants supported with packets

2026 Cycle so far...

- 256 HPAPs submitted (as of yesterday)
 - Our office has been booked out a month+ for coaching sessions since March



Takeaways

- Students can major in (almost) anything
- For pre-med & dent, consider AP credits strategically
- We support **ALL** students and alumni from **EVERY** UConn campus, regardless of what obstacles they've experienced and have had to overcome





THANKS!!

CONNECT WITH US!

Visit our websites:

<https://premed.uconn.edu/>

<https://prelaw.uconn.edu/>

Email us or Teams message us at any time with questions!

Follow us on Instagram

 [@prelaw_uconn](https://www.instagram.com/prelaw_uconn)

 [@uconn_premed_predental](https://www.instagram.com/uconn_premed_predental)

and TikTok: [@uconnppa](https://www.tiktok.com/@uconnppa)



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