

Getting Started: ACES' Exploratory Roadmap

Not sure where to start with major and career exploration?



1

Embrace an exploratory mindset:

It's important for students to get in the right mindset before they begin exploring to understand why exploration is valuable.



2

Complete the Self Exploration activities:

Students should understand their interests, strengths, values, and priorities to find majors that are a strong fit and align with their goals.



3

Complete the Major Elimination activity:

After starting with a list of all majors, students eliminate majors they are not interested in, allowing them to focus on a list of real possibilities.



4

Explore the Major Profile Pages:

These pages have critical information on what the major is, links to the department pages, how to declare or apply, major requirements, related major/minors, and helpful career exploration resources.



5

Connect with an Exploratory Expert:

Once students have an idea of what they are interested in, and have a list of questions, students can connect with TME Mentors, Department Advisors/Faculty Members, Career Coaches, or speak to an Exploratory Advisor.

TME Mentors:



ACES' Drop-Ins:



Learn how to connect with ACES at the regional campuses: aces.uconn.edu/contact/