

2026 Orientation Advisor Training

Pre-Health & Pre-Law Advising



UConn

OFFICE OF
PRE-PROFESSIONAL
ADVISING

What we'll cover...

- About us
- How we connect with students
- Pre-Law things
- Pre-Health things
- By the numbers
- Takeaways



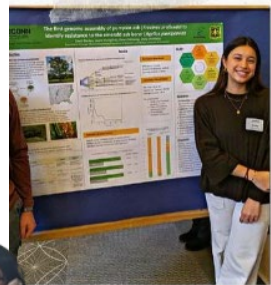
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About Us



Hi Barbie!



HPPA Emily presenting at Fall Frontiers :D



Storford Campus visit



Shark in the Office!!!



HPPA Sahiti starting off the Insta takeovers!



Grace + Ananya (SPiDMs) at Mission of Mercy!



HPPA Ty answering Qs :)



HPPA Gen & Advisor Krista <3



Advisor Ken

Office of Pre-Professional Advising

Staff



Dr. Sarah Scheidel

Director



Krista Rogers

Assistant Director



Chrissy Gray

Pre-Professional Advisor



Megan Baro

Pre-Professional Advisor



Sue Ruggiero

Program Assistant



Office of Pre-Professional Advising Graduate Assistants



Nicole Cabusao
Graduate Assistant



Patrick Riley
Graduate Assistant



Orlando Gonzalez
Graduate Assistant



Eliza Appleton
Graduate Assistant



Maria Noonan
Graduate Assistant

And 7 Peer Advisors (5 HPPAs + 2 PLPAs)!



Enrichment Programs

Enrichment Programs Departments

- Honors Program
- Individualized and Interdisciplinary Studies Program
- Office of National Scholarships and Fellowships
- **Office of Pre-Professional Advising**
 - **Pre-Law Advising**
 - **Pre-Health Advising**
- Office of Undergraduate Research
- University Scholar Program



How students can connect with us...

HuskyCT Modules

1:1 Advising

Drop-In Advising

Peer Advising

Alumni Engagement

Chat w/Alumni

Interview Pairing Prog.

Workshops/Events

Instagram & TikTok

Newsletters



Pre-Law



We empower and support students, alumni, and law school applicants **HOLISTICALLY** through advising and dedicated programming

We support *All* students and alumni from *EVERY* UConn campus, regardless of what obstacles they've experienced and have had to overcome.



2023 LAW SCHOOL FAIR



LAW SCHOOL APPLICATION CYCLE ORIENTATION

THURSDAY, APRIL 18TH @ 1:00-2:00 P.M.

IF YOU PLAN TO APPLY THIS UPCOMING CYCLE TO BEGIN LAW SCHOOL IN FALL 2025, JOIN US TO HEAR AN OVERVIEW OF THE ADMISSIONS PROCESS & ASK QUESTIONS!

THIS IS A VIRTUAL EVENT: [HTTPS://S.UCONN.EDU/PPAWEBEX](https://s.uconn.edu/ppawebex)

EMAIL PRELAW@UCONN.EDU W/ ANY QUESTIONS



Academics

There is no formal process to “declare” pre-law. Rather, connecting with our office **early is strongly encouraged.**

- Pre-Law students can major in **whatever** they’re interested in!!!
- Common majors: Political Science, History, Economics, Philosophy, Psychology, English
- They CAN have a STEM major as a pre-law student!
(ex. Those interested in patent law should focus on STEM)



Course Requirements?

- There are no true required courses for law school



Here are what law schools typically look for...

1. Strong academics and LSAT score
2. Extracurricular involvement
3. Excellent writing and reading abilities
4. Personal growth
5. Strong recommendations from people who **actually** know them
6. Something special...what sets them apart?



Pre-Law Course *Recommendations*

Mathematics / Statistics

MATH 1020Q: Problem Solving

MATH 1070Q: Math for Business & Economics

STAT 1000Q: Introduction to Statistics / STAT 1100Q: Elementary Concepts in Statistics

✦ **Philosophy / Sociology**

PHIL 1102: Philosophy and Logic

PHIL 1104: Philosophy & Social Ethics

PHIL 2211Q: Symbolic Logic

PHIL 2215: Ethics

PHIL 2217: Social and Political Philosophy

✦ SOCI 3823: The Sociology of Law - Global and Comparative Perspectives

English (any writing courses are helpful)

ENGL 3601: The English Language

✦ ENGL 3633/W: The Rhetoric of Political Discourse in Literature and Society

Economics

ECON 1200, 1201 and 1202: Microeconomics & Macroeconomics

Communication

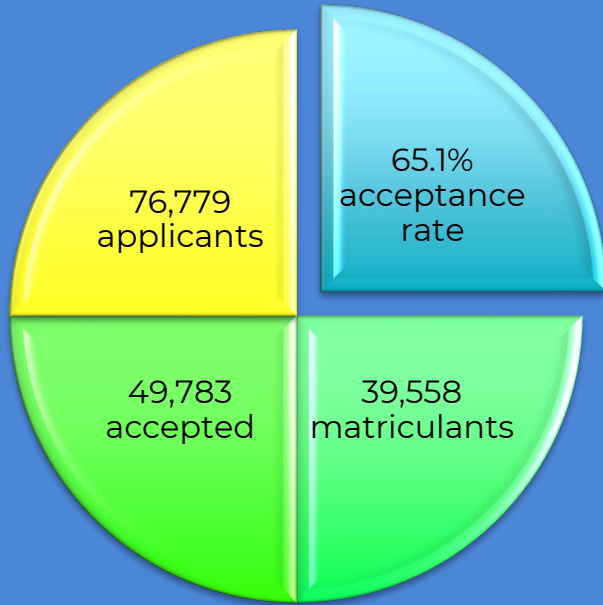
COMM 1100: Public Speaking

*Any law-related courses from the History, Political Science, Sociology, Anthropology, etc.



2025 Application Cycle

National Data



For those accepted to law school...

GPA range = 3.38 – 3.89
(25th – 75th percentile)

LSAT range = 154 – 166
(25th – 75th percentile)



Since 2017, there has been just over a **27% increase** in applicants to law school, nationally.

There was an **18% increase** in applicants nationally in **just the past** application cycle (compared to the previous year)

2025 Application Cycle

Those who applied to attend law school starting Fall 2025.

215 applied to law school for the 2025 cycle

- 161 were offered acceptance to 1+ law schools
- 145 matriculated
- The average number of law schools applied to was **8.17**

UConn applicants' acceptance rate to a law school in 2025 = **75%**

this is almost 10% higher than the national acceptance rate

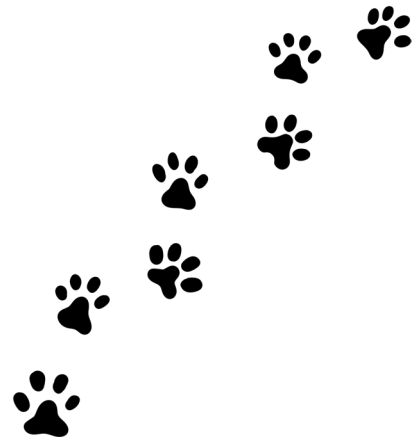
For those admitted to a law school:

- Average age was **24**
 - Ages ranged from 21 – 45
- Undergrad GPAs ranged from 2.4 – 4.0 with an ave. GPA of **3.52**
- LSAT scores ranged from 141 – 179 with an average of **164**



Pre-Health

**Our office specializes in working with pre-medical and pre-dental populations, but occasionally supports those interested in PA school, optometry, and podiatry.*



Academics & Majors

- Students can major in anything...almost (maybe only 1-2 exceptions)
 - ✦ It is important students pursue their interests!
- Breadth, depth, & rigor is important to demonstrate

Course Requirements

Biology: BIOL 1107 + 1108

Chemistry: CHEM 1124 + 1125 +1126 OR CHEM 1127 +1128

Organic Chemistry: CHEM 2443 + 2444 + 2445

Biochemistry: MCB 2000

(Depends for dental schools)

Physics: 1201 + 1202 OR 1401 + 1402 [OR 1501 + 1502]

English: One year (two semesters) of English/writing classes (varies)

Math/Statistics: vary by school

✦ Most medical schools recommend 1-2 semesters of college-level mathematics, such as one semester of Statistics and/or one semester of Calculus

✦ Some dental schools require Statistics or Calculus; the DAT includes basic Algebra

**These are general - please refer to the handout or our website!*

Finding out that you don't have to be a biology major to apply to medical school:



AP Credits and How to Advise Students

- Most health professions schools will accept AP credit if it is supplemented by **upper-level coursework** in that discipline.
- Most schools require one year of collegiate-level Biology, Chemistry, Organic Chemistry, and Physics with a laboratory component
- UConn SOM **does not accept AP credit** for any prerequisite course requirements
- Early College Experience courses **will count** to fulfill requirements.
- **Important note about ECE:** Regardless of whether students accept the ECE grades to count for their undergraduate degree, they **WILL BE CALCULATED** in their medical or dental school applications!

The recommendations below will satisfy most schools' requirements for pre-health study. We encourage students to contact the office if they are unsure about their credits. Please visit UConn Undergraduate Admissions' website for information about [AP Credit](#). To explore upper-division courses that might be of interest, use the [UConn Course Catalog](#).

BIOLOGY	+
CHEMISTRY	+
CALCULUS & STATISTICS	+
PHYSICS	+
ENGLISH	+

Linked below are various search tools and sources of information on pre-medical course requirements and AP credit.

2024 MSAR Course
Requirements Report [↗](#)
[relevant for MD programs only]

Medical School Admission
Requirements (MSAR) tool [↗](#)
[relevant for MD programs only]

Choose DO Explorer search tool
[↗](#)
[relevant for DO programs only]

AP Credit Policies spreadsheet
[↗](#)
[relevant for MD + DO]

There is lots of info
on our [website!](#) →

AP Credits and How to Advise Students

In a nutshell...an alternative to repeating courses

AP BIOL

- Take **at least one upper-division course** in a Biology discipline (BIOL, MCB, PNB, EEB) with a laboratory component to supplement their studies.
- Some suggested courses are Cell Biology (MCB 2210 or 2215 [honors] w/the laboratory class (MCB 2225), Microbiology (MCB 2610), and/or Anatomy and Physiology (PNB 2264 + 2265 or PNB 2774 + 2775 + 2776).

AP CHEM

- “Accepting” AP credits for the general chemistry sequence means they are still required to take the Organic Chemistry sequence (CHEM 2443 + 2444 + 2445) and Biochemistry (MCB 2000 or 3010).
- We recommend taking **one additional, upper-level** Chemistry course, such as Descriptive Inorganic Chemistry (CHEM 3210) or Quantitative Analytical Chemistry (CHEM 3332).

We don't see many students with AP credits for Physics...and since Math requirements vary...there are options.

Orientation Suggestions

Prioritize Chemistry & Biology

If a student does not have AP or ECE

- Prioritize **BIOL 1107** and/or **CHEM 1127Q**
- If pre-dental, **BIOL 1108** is cool too!
- Pre-meds can skip BIOL 1108 if they wish, as long as they take **at least one** additional, upper-level BIOL course with a lab component (MCB, PNB, EEB)
- CHEM 1124Q is ok, though it could delay a student's timeline by a semester

If a student does have AP credit for BIOL or CHEM

- General rule of thumb: Advise students to skip retaking courses if...
 - Achieved a 4 or 5 on the AP exam,
 - Taken the course in the junior or senior year of high school, and
 - Reports a very strong lab component for the HS course taken.
- They could start upper-level biology courses like A&P if confident

If a student has AP credit for PHYS – focus on BIOL/CHEM and send them our way once semester starts to strategize the PHYS 😊

Students need to gain clinical experience and demonstrate a commitment to service...

- Ample opportunities to get involved at UConn
 - ✓ Clinical experience (150+ hours)
 - ✓ Service (200+ hours)
 - ✓ Research/independent scholarship
- Quality > quantity



We empower and support our medical and dental school applicants **HOLISTICALLY** through enhanced competency-based coaching.

- We support ALL of our applicants regardless of what obstacles they've experienced and have had to overcome.
- Comprehensive applicant support process

Required Pre-Health Modules: From Foundations to Application - course-2925

Content Calendar Announcements Discussions Gradebook Analytics Groups

Pre-Health Advising: Required Pre-Med, Pre-Dental, and Pre-PA Modules

Beginning with the Fall 2025 semester, all students working with our office will need to complete the required "Foundations for Future Healthcare Professionals" modules before making a one-on-one advising appointment with our advising staff. You will gain access to the link to book appointments, as well as other resources for your pre-health journey, after the modules have been completed.

New and Returning Students: Foundations for Future Healthcare Professionals Required Modules

This set of modules is designed to provide essential guidance for students pursuing careers in medicine, dentistry, and physician assistant studies. Here, you'll find key information on academic requirements, application timelines, experiential learning, and professional expectations. **Current UConn students must complete these modules to gain access to advising appointments. Alumni are not required to complete these modules. ** By completing this foundational coursework, you'll be better prepared to make informed decisions and confidently navigate your path toward a healthcare career. Let's get started!

PPA Resources, Advising Appointments, and Other Helpful Information

Content isn't available.

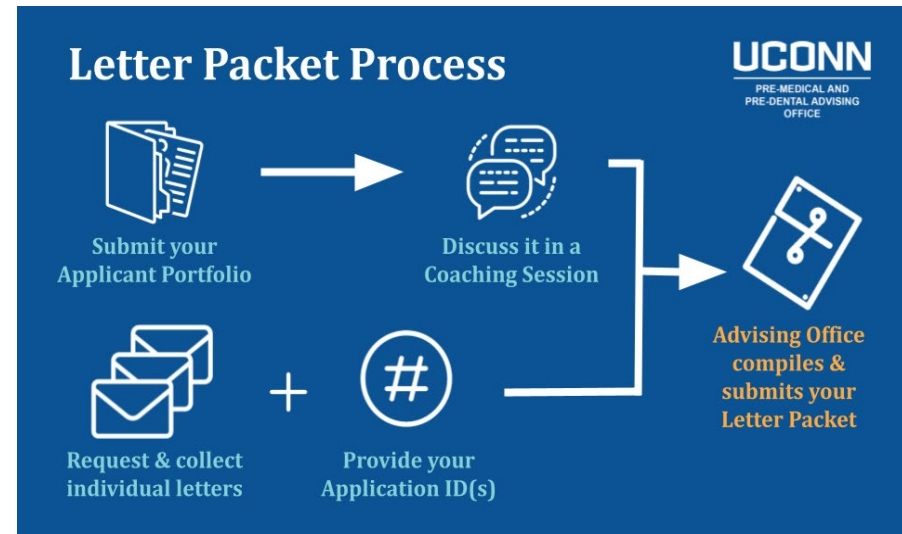
This section is your go-to hub for essential Pre-Professional Advising (PPA) resources and additional tools to support your journey toward a career in healthcare. Here, you'll find advising appointment info, guides on course planning, clinical and research opportunities, application tips, and more. Whether you're exploring your options or preparing to apply, these resources will help you stay informed and on track. Note: Required modules must be completed to gain access to this section.

2027 CYCLE APPLICANTS

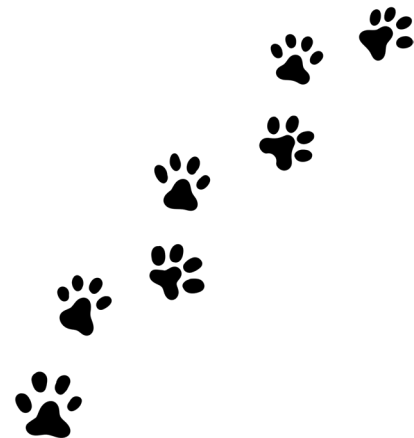
2027 Application Cycle: Required Modules for All Current Applicants (Students & Alumni)

These modules are required for all applicants applying in the 2027 application cycle (those aiming to start medical or dental school in Fall 2027) who wish to participate in our applicant support process and receive a letter packet from our office. This is a requirement for all 2027 cycle applicants, whether they are current students or alumni, to receive access to the Health Professions Applicant Portfolio and Health Professions Letter Packet applications through our office. Students who are not applying in the 2027 cycle do not need to complete these modules. **You should complete these BEFORE the June 1st HPAAP deadline**

15 of 15 completed



By the Numbers

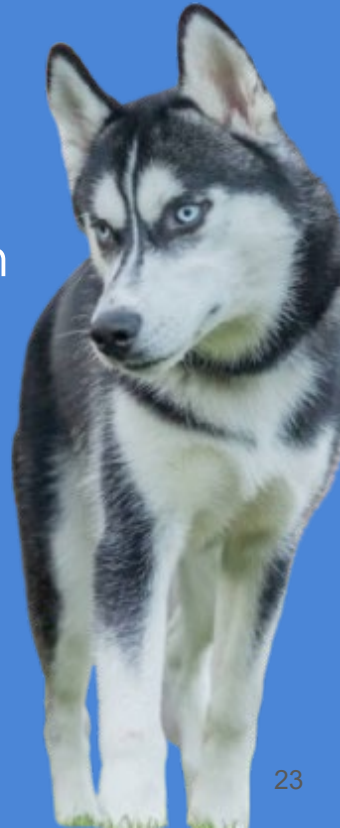


Growth Years

Snapshot

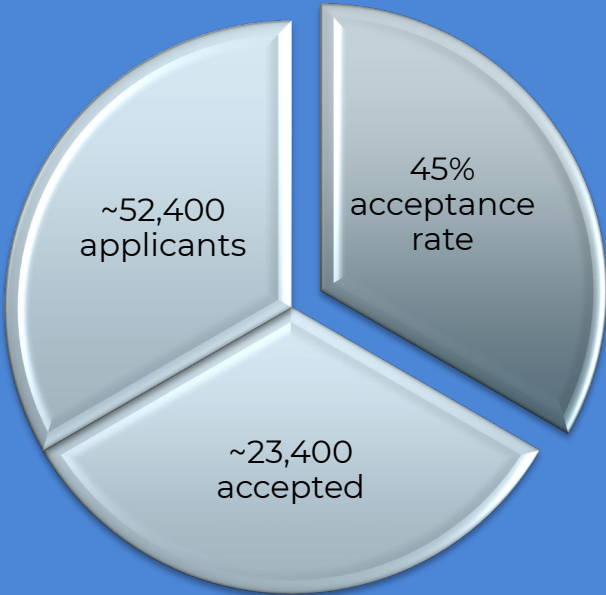
Growth years (time between undergrad and professional school) are increasingly common/the norm

- Medical school: 73% of 2023 matriculants took ≥ 1 growth year (AAMC survey, 14,500+ respondents)
- Dental school: 62% in 2023 took ≥ 1 growth year
- UConn pre-dental alumni in 2025 cycle: 58%
- UConn pre-med alumni:
 - ✦ 77% in 2023 & 2025 cycles
 - ✦ 85% in 2024 cycle
 - ✦ Average length: just over 2 years

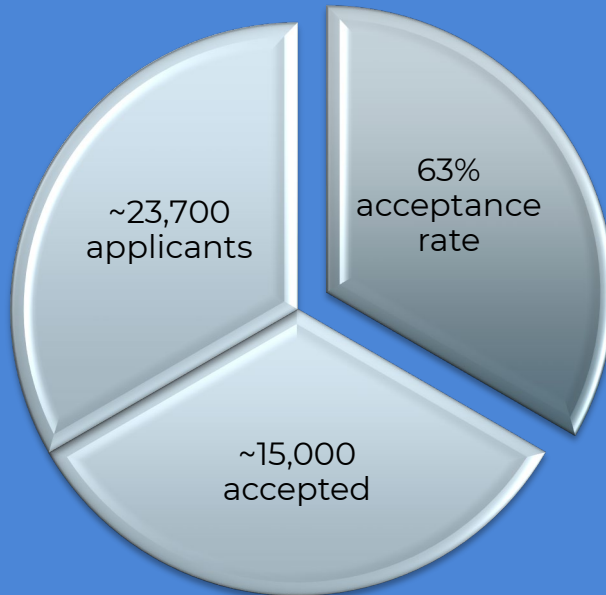


2025 Application Cycle

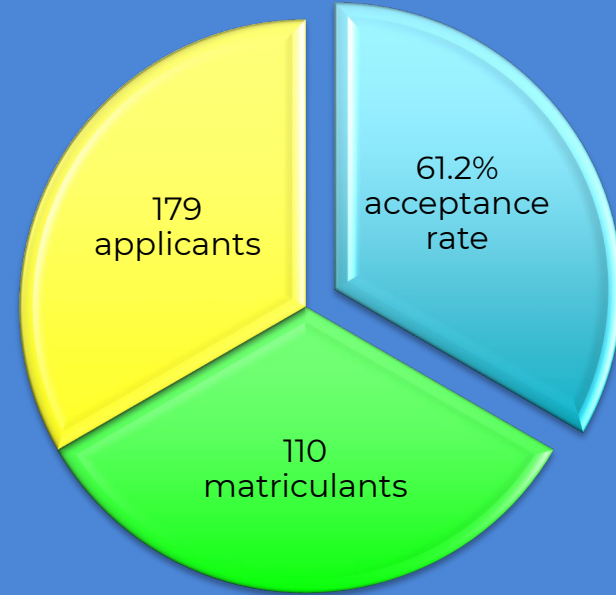
Medical School



MD Schools - Nationwide



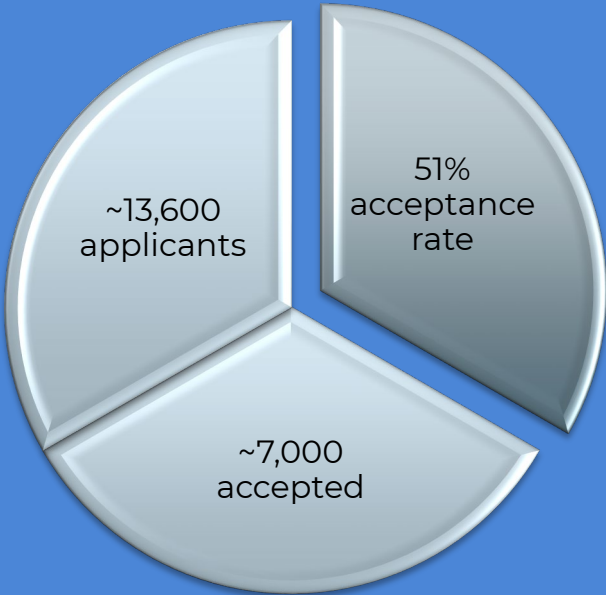
DO Schools - Nationwide



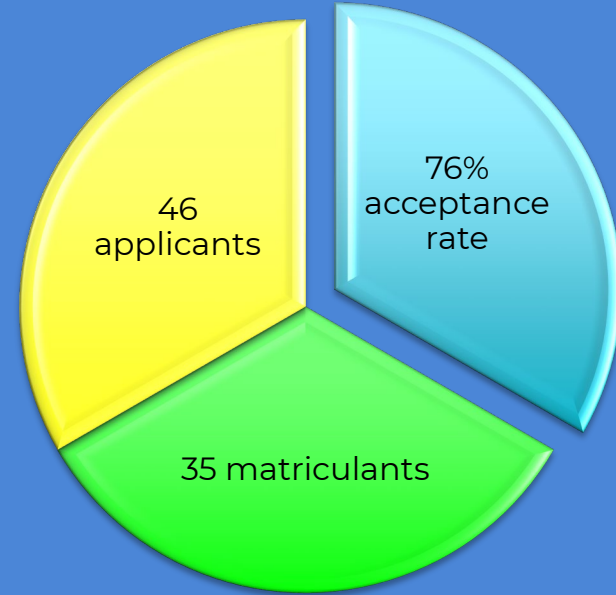
UConn Students/Alumni

2025 Application Cycle

Dental School



For more UConn acceptance/matriculation data:
premed.uconn.edu/data



Dental Schools - Nationwide

UConn Students/Alumni

2026 & 2027 Application Cycles

Snapshot

2026 Cycle

✦ Received **339** Health Professions Applicant Portfolios (HPAPs), reflecting a continued upward trend. This was over 10% increase since last cycle and about a 20% increase since the 2022 cycle. Our team conducted **334 coaching sessions** and submitted letter packets for **274 unique applicants**.

✦ Since the 2022 cycle, these numbers represent significant growth:

- ➔ 19.8% increase in HPAPs received
- ➔ 38.0% growth in coaching sessions held
- ➔ 30.3% rise in Health Professions Letter Packets (HPLPs) submitted
- ➔ 20.2% rise in the number of unique applicants

2027 Cycle so far... (as of 5/15/26)

- NEW Application Cycle Modules
 - 342 already completed
- 268 HPAPs submitted (as of Friday)
 - With an add'l 61 in progress
 - 212 coaching sessions already completed, which is **+63** ahead this time last year!



Takeaways

- Students can major in (almost) anything
- For pre-med & dent, consider AP credits strategically
- We support **ALL** students and alumni from **EVERY** UConn campus, regardless of what obstacles they've experienced and have had to overcome





THANKS!!

CONNECT WITH US!

Visit our websites:

<https://premed.uconn.edu/>

<https://prelaw.uconn.edu/>

Email us or Teams message us at any time with questions!

Follow us on Instagram

 [@prelaw_uconn](https://www.instagram.com/prelaw_uconn)

 [@uconn_premed_predental](https://www.instagram.com/uconn_premed_predental)

and TikTok: [@uconnppa](https://www.tiktok.com/@uconnppa)



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